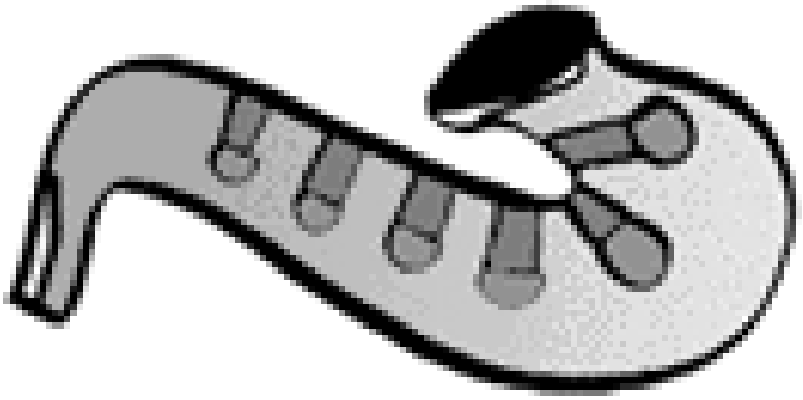
Daniel Zinn



Practice Regimen

by Eric Dannewitz

Instructor-Dann Zinn
Private Lessons

PRACTICE REGIMEN

Tone

1. Long Tones- De la Sonorite by Marcel Moyse
2. Top Tones for Sax by Sigurd Raschard
3. Slow movements from Classical Pieces

Technique

1. Chromatics (scales, 2nds, flat 3rds, etc.)
2. Scales (Major, Minors, Dim., etc.)
3. Intervals (Major & Minor 3rds, 4ths, 5ths, 6ths, 7ths)
4. Arpeggios (Major & Minor Triads, 7ths, Dim, Aug, etc.)

Etudes (Various Technical Studies in Different Styles)

Tunes

1. Classical Studies and Pieces
2. Jazz Transcriptions and Pieces
3. Improvisation

Note: The above "3 T's" (Tone, Technique, Tunes) are overseen by the fourth "T"

Tone
Evenness
Accuracy

If any of the above are not happening, you must slow down!

Also: **ALWAYS USE A METRONOME**

Instructor-Dann Zinn
Private Lessons

PRACTICE SCHEDULES

30

10 Long Tones		5 Long Tones
10 Scales	or	15 Scales
10 Pieces		10 Pieces

45

10 Long Tones		5 Long Tones		5 Long Tones
20 Scales	or	15 Scales	or	25 Scales
15 Pieces		10 Etudes		15 Pieces
		15 Pieces		

60

10 Long Tones		10 Long Tones
25 Scales	or	30 Scales
10 Etudes		20 Pieces
15 Pieces		

90

20 Long Tones		15 Long Tones		15 Long Tones
35 Scales	or	40 Scales	or	30 Scales
10 Etudes		35 Pieces		20 Etudes
25 Pieces				25 Pieces

120

20 Long Tones		20 Long Tones		20 Long Tones		20 Long Tones
40 Scales	or	30 Scales	or	30 Scales	or	60 Scales
20 Etudes		30 Etudes		40 Etudes		40 Pieces
40 Pieces		40 Pieces		30 Pieces		

150

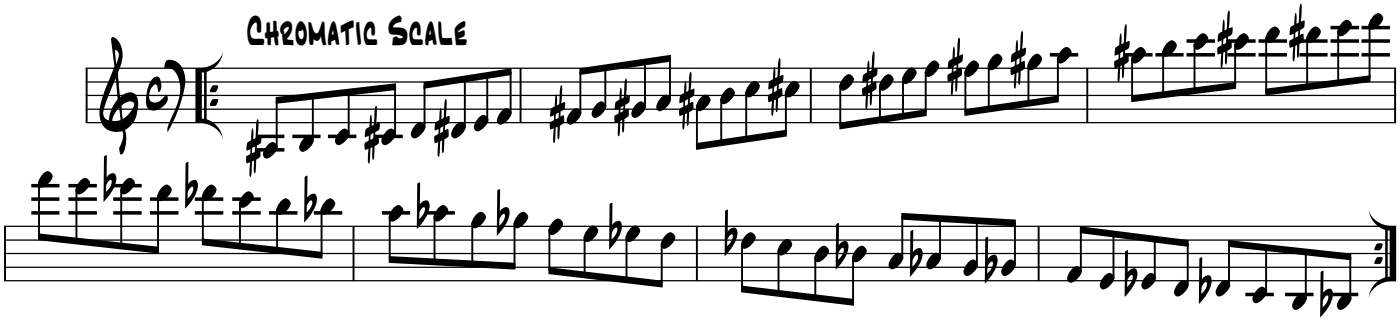
20 Long Tones		30 Long Tones
60 Scales	or	55 Scales
30 Etudes		25 Etudes
40 Pieces		40 Pieces

180

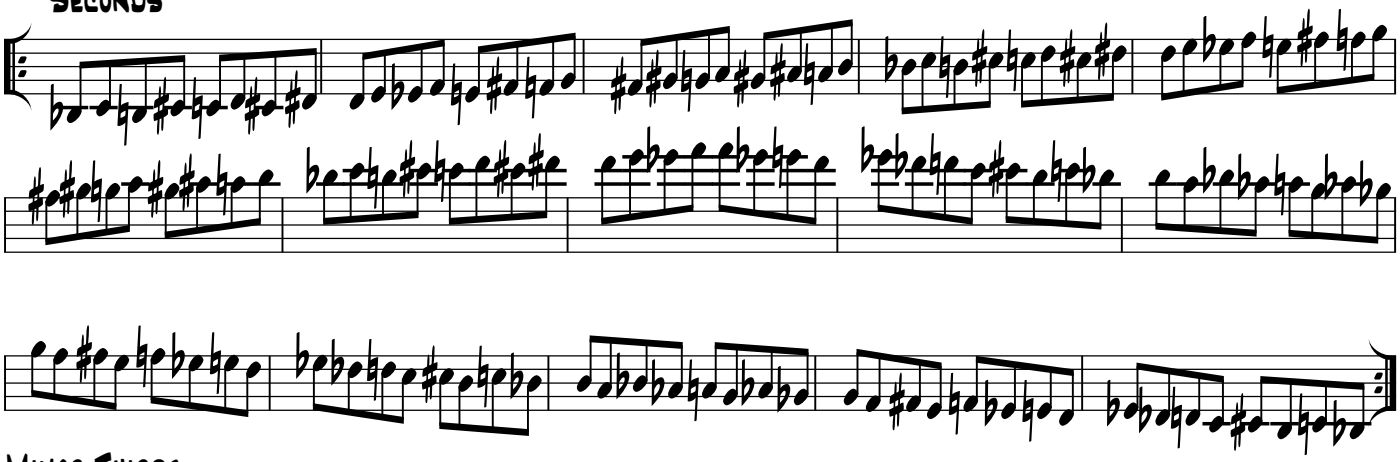
30 Long Tones		30 Long Tones
60 Scales	or	30 Scales
30 Etudes		60 Etudes
60 Pieces		60 Pieces

Zinn Practice Regimen

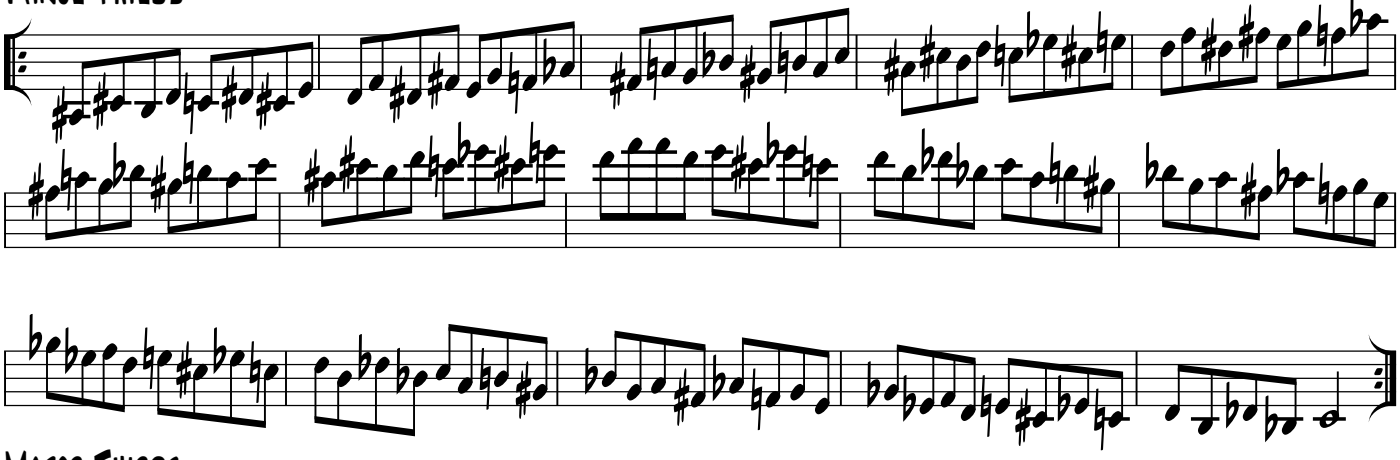
Chromatic Scale



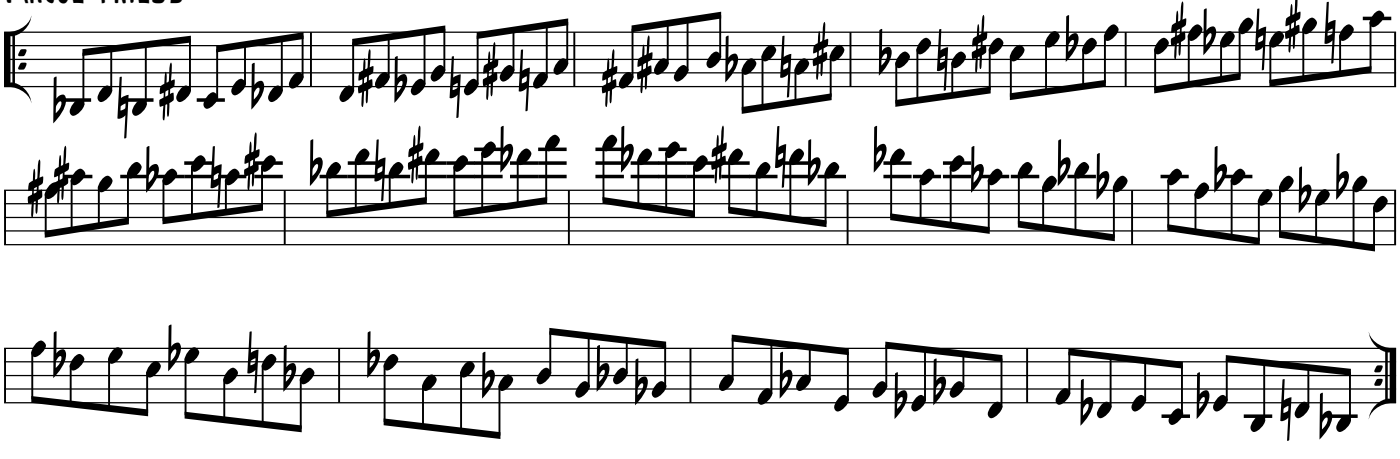
Seconds



Minor Thirds



Major Thirds



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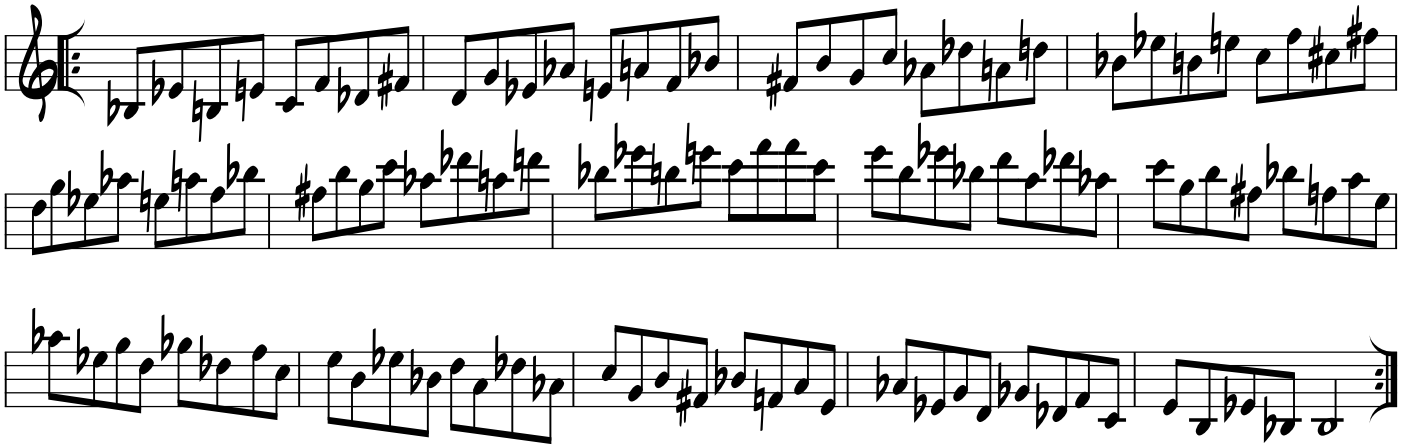
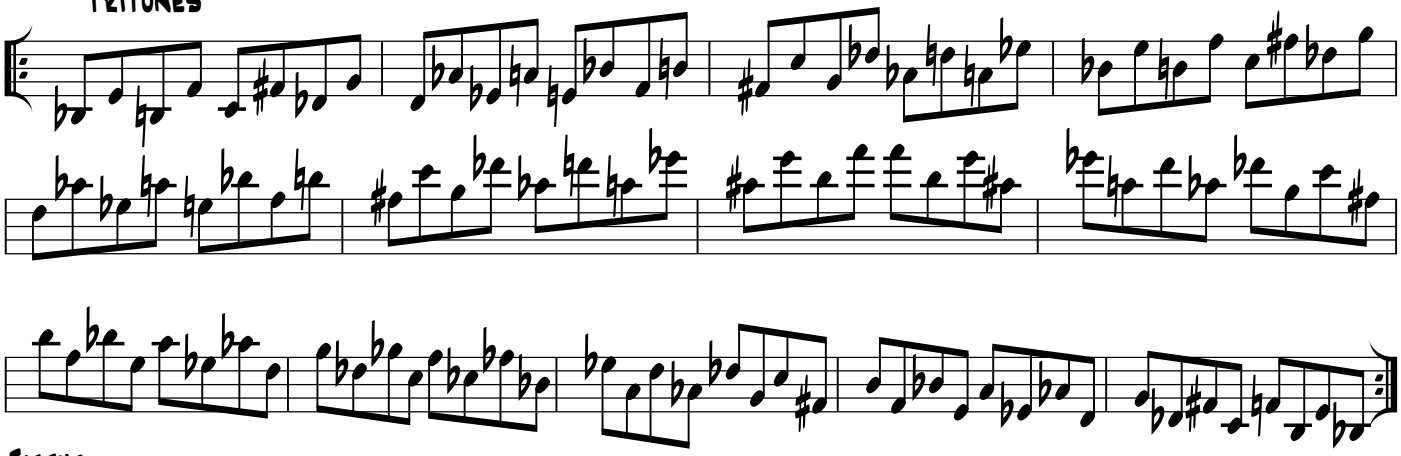
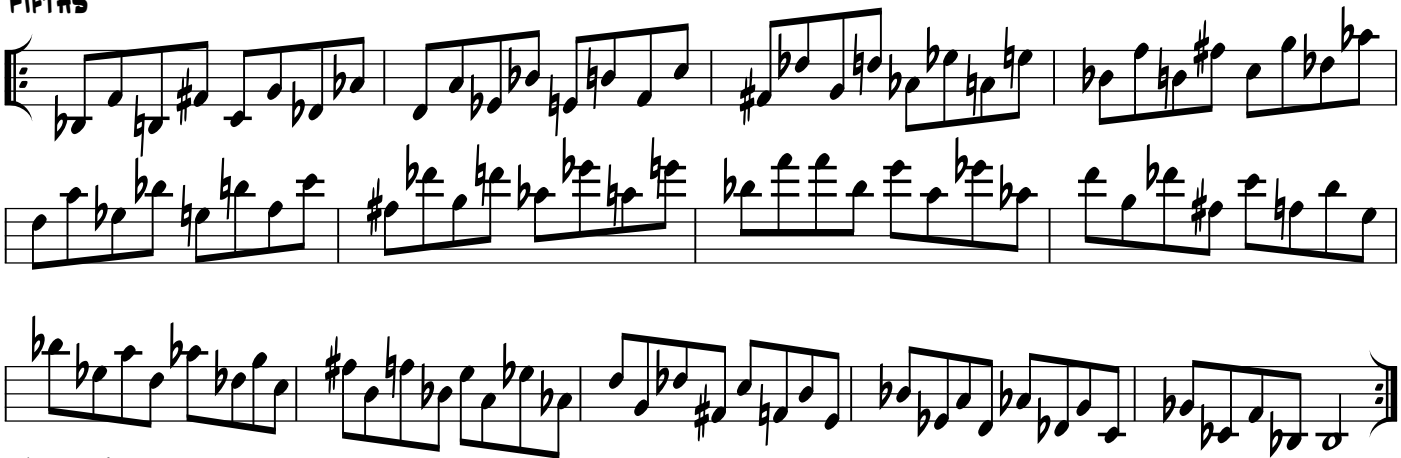
Fourths



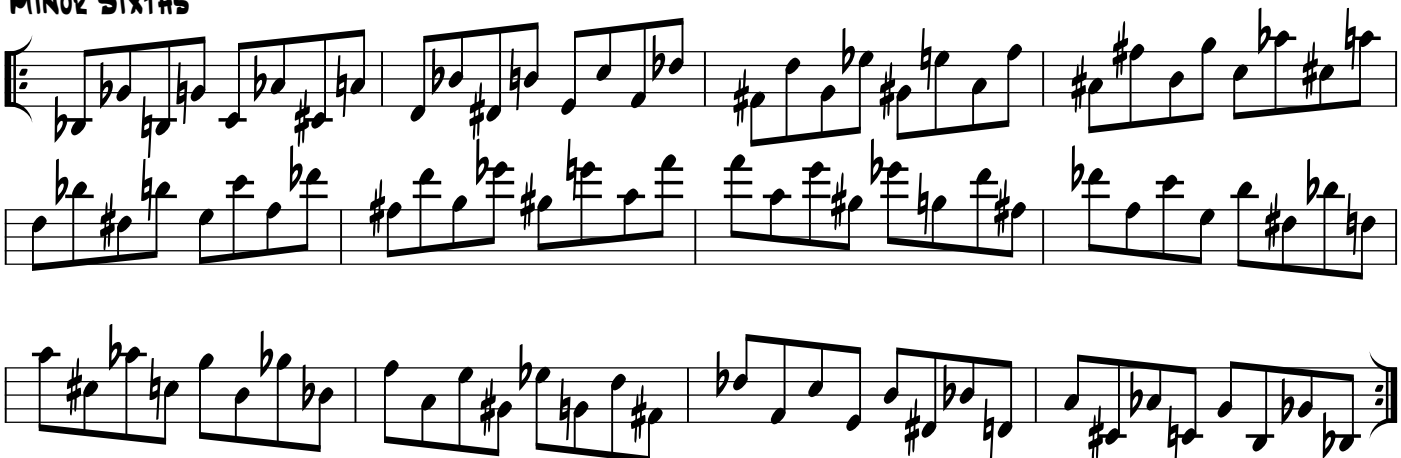
Tritones



Fifths



Minor Sixths



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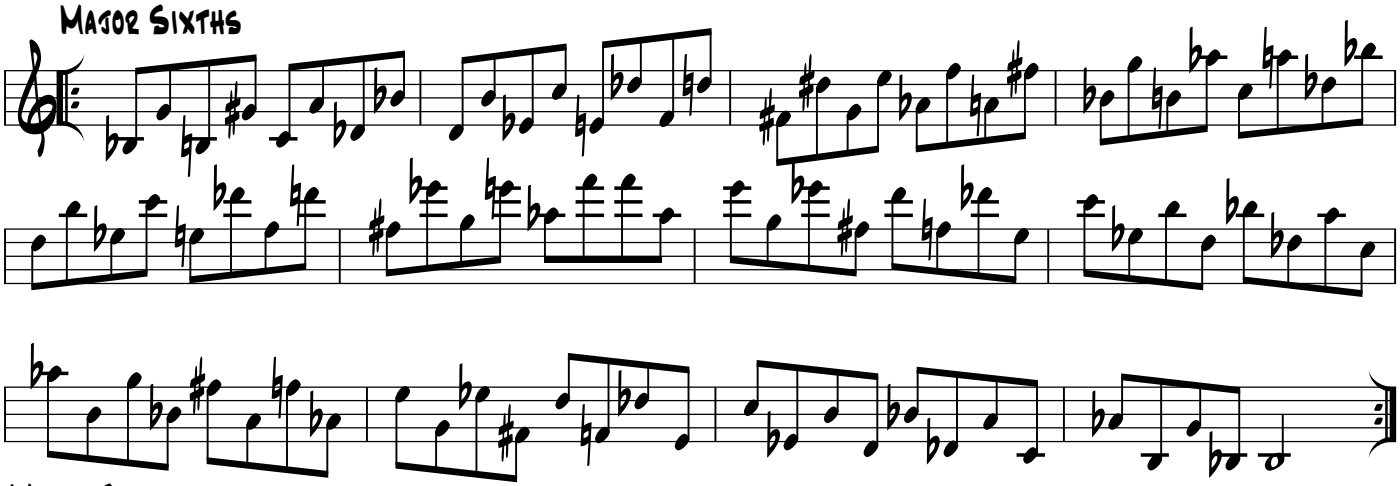
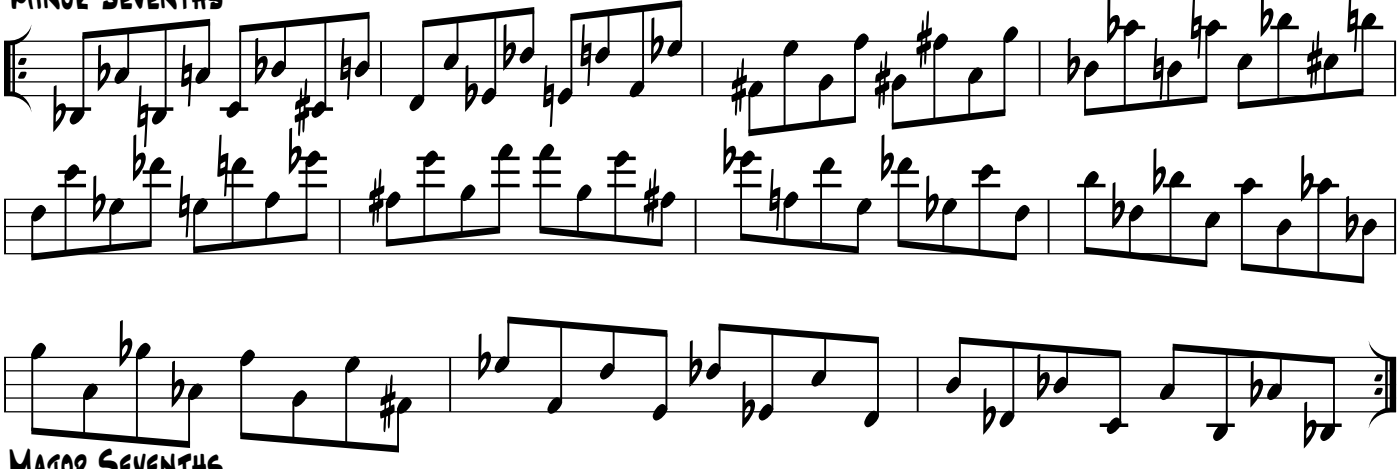
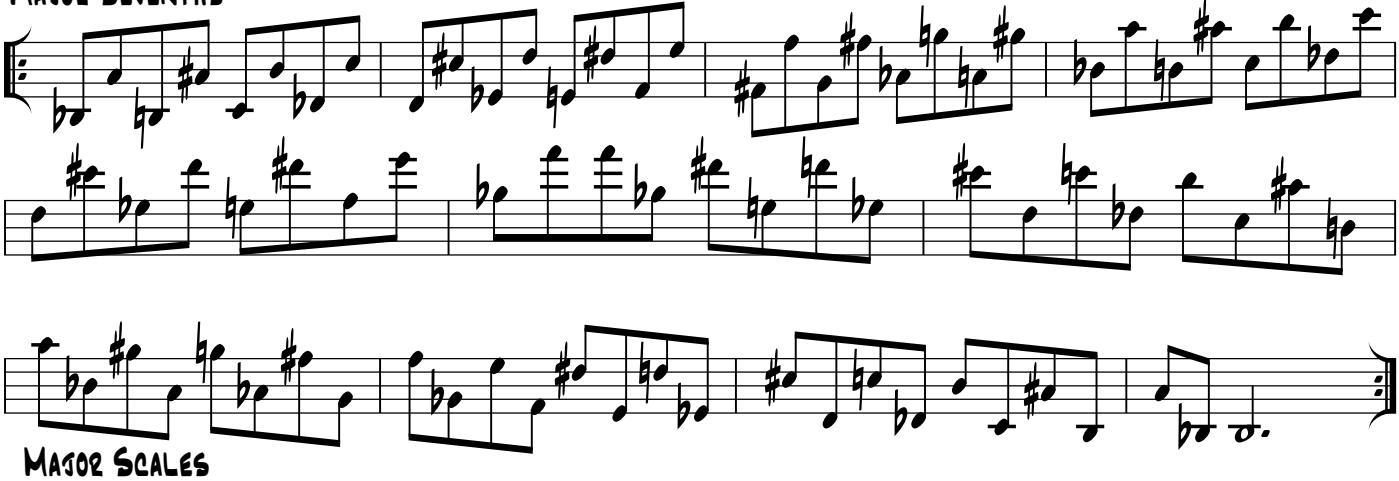
Major Sixths



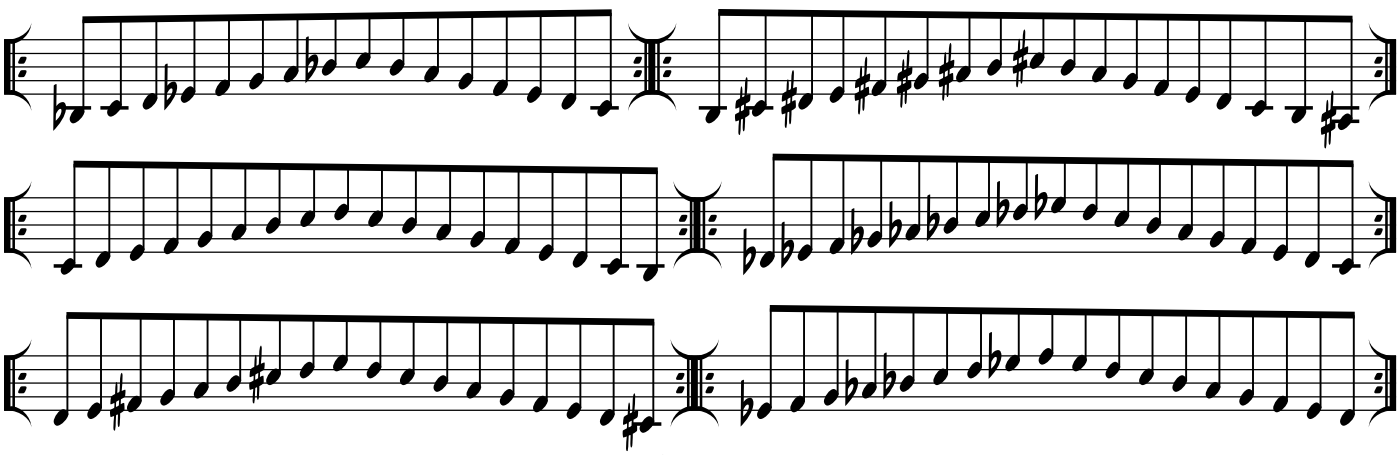
Minor Sevenths



Major Sevenths



Major Scales



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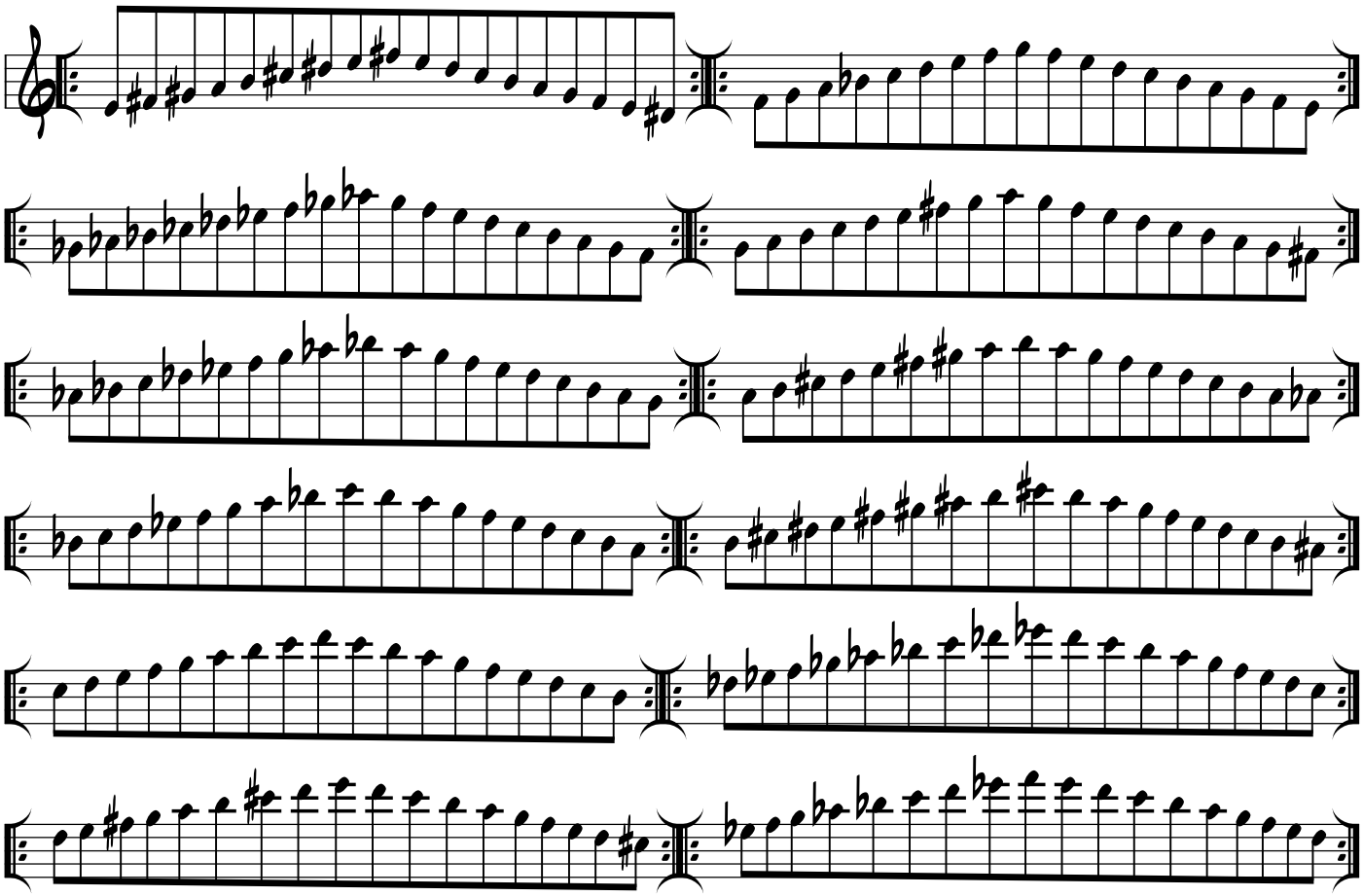
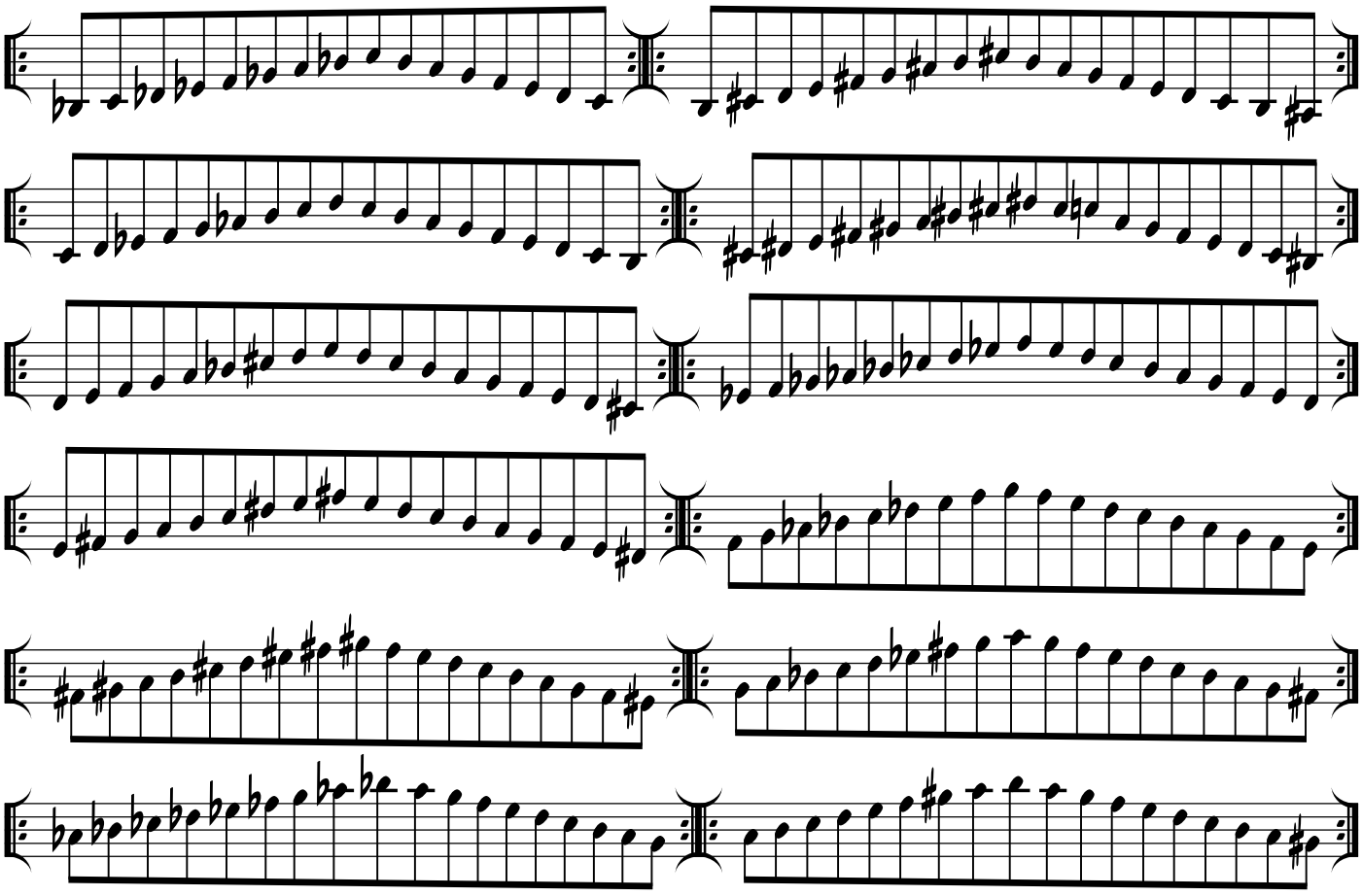


Harmonic Minor Scales



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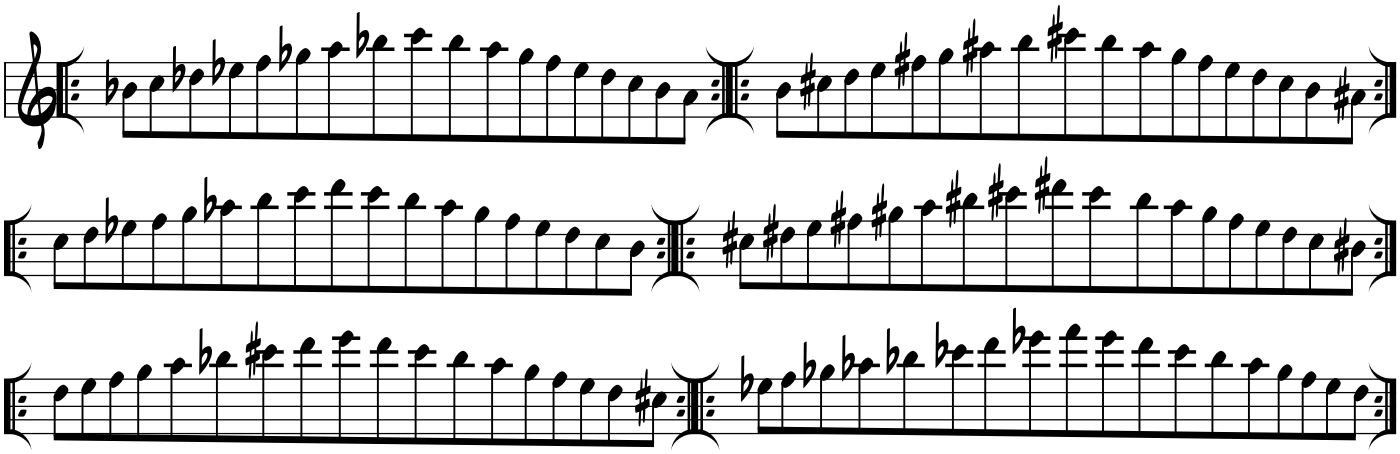
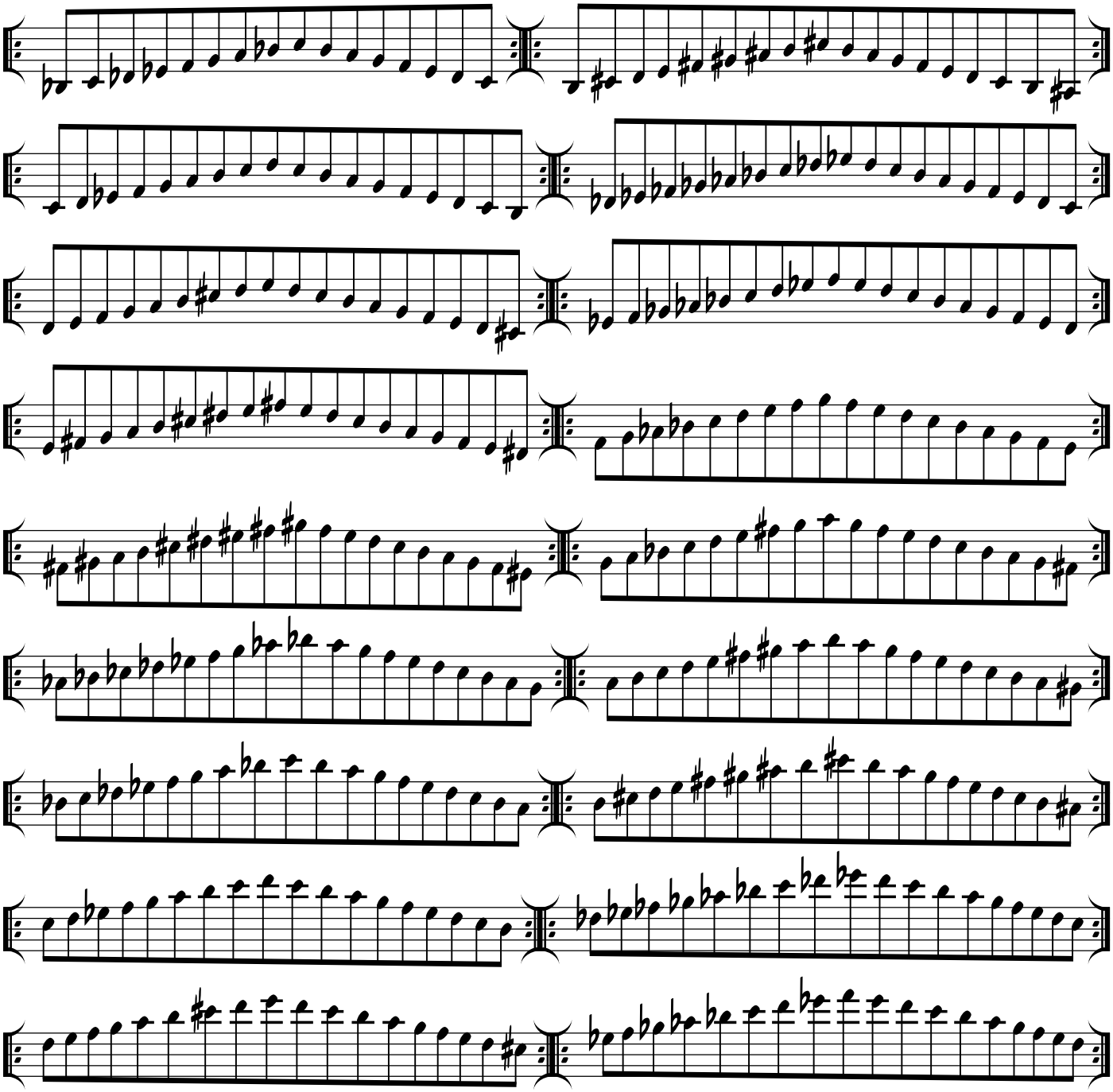


Melodic Minor Scale



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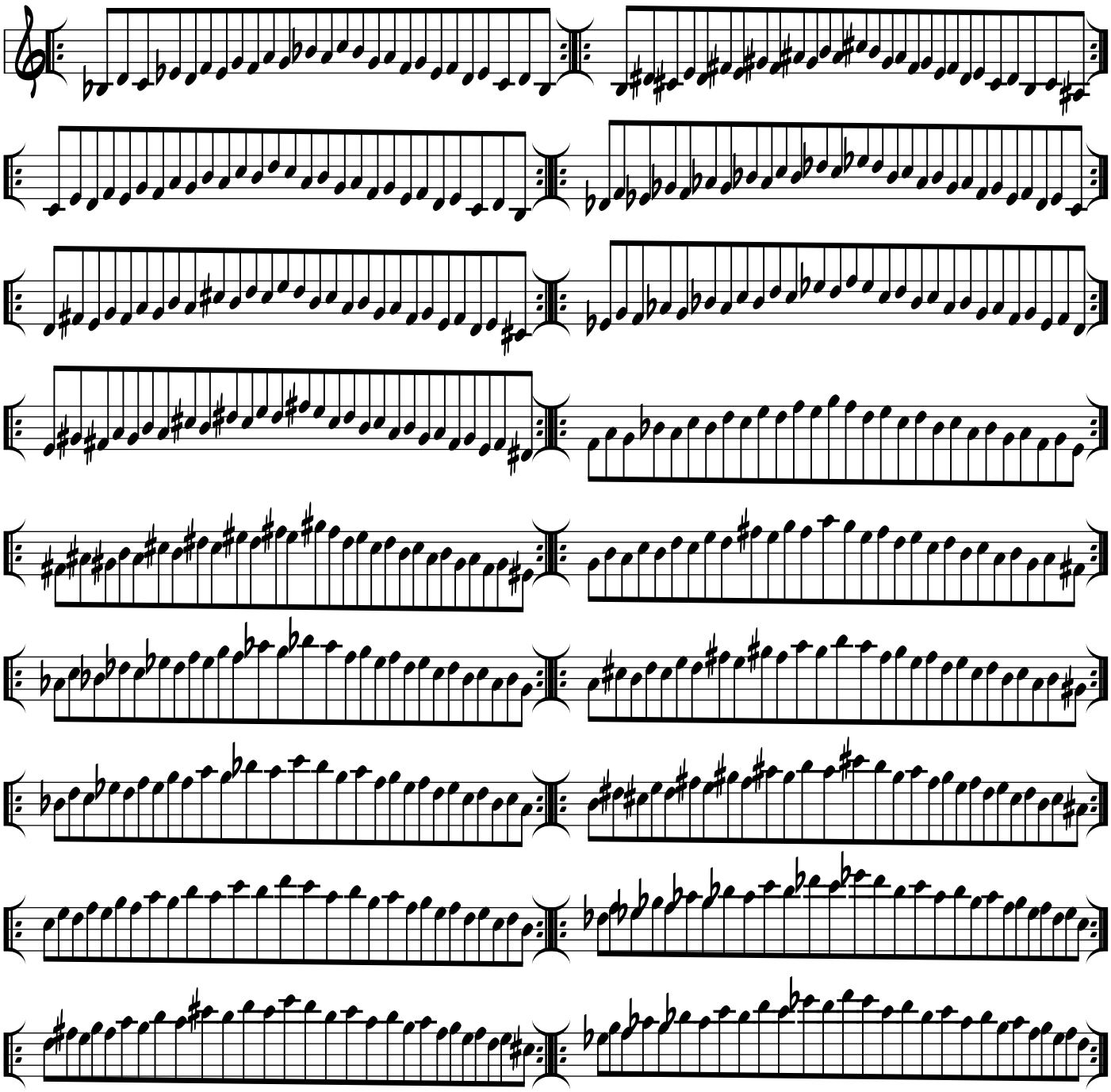
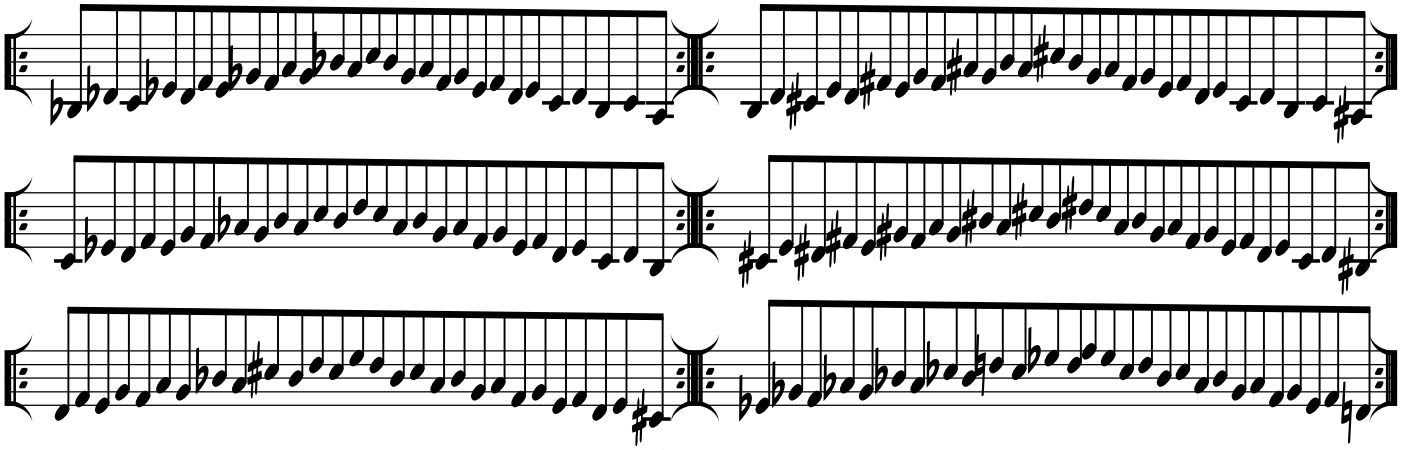
Diatonic Thirds



Harmonic Minor Triads



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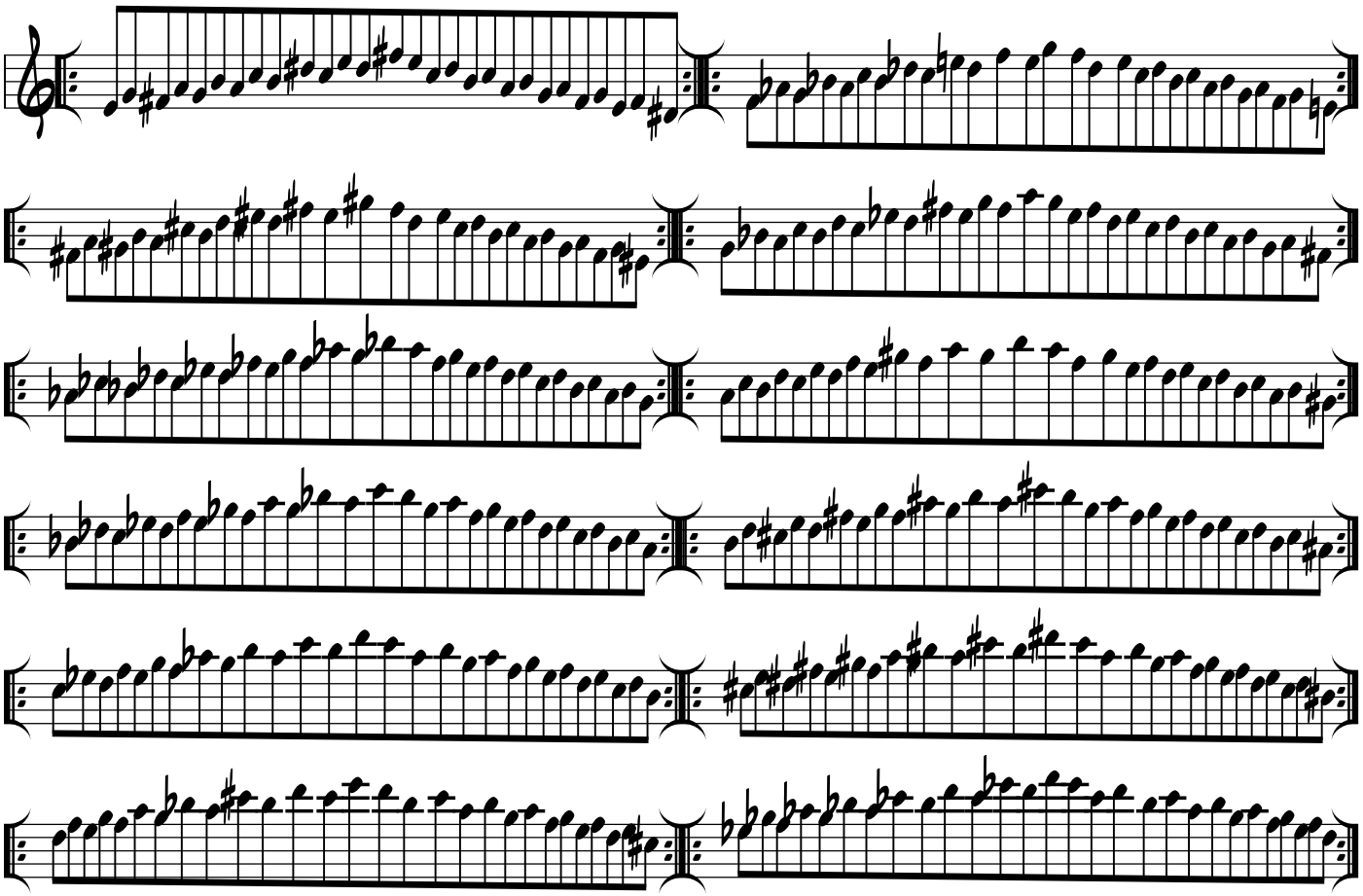
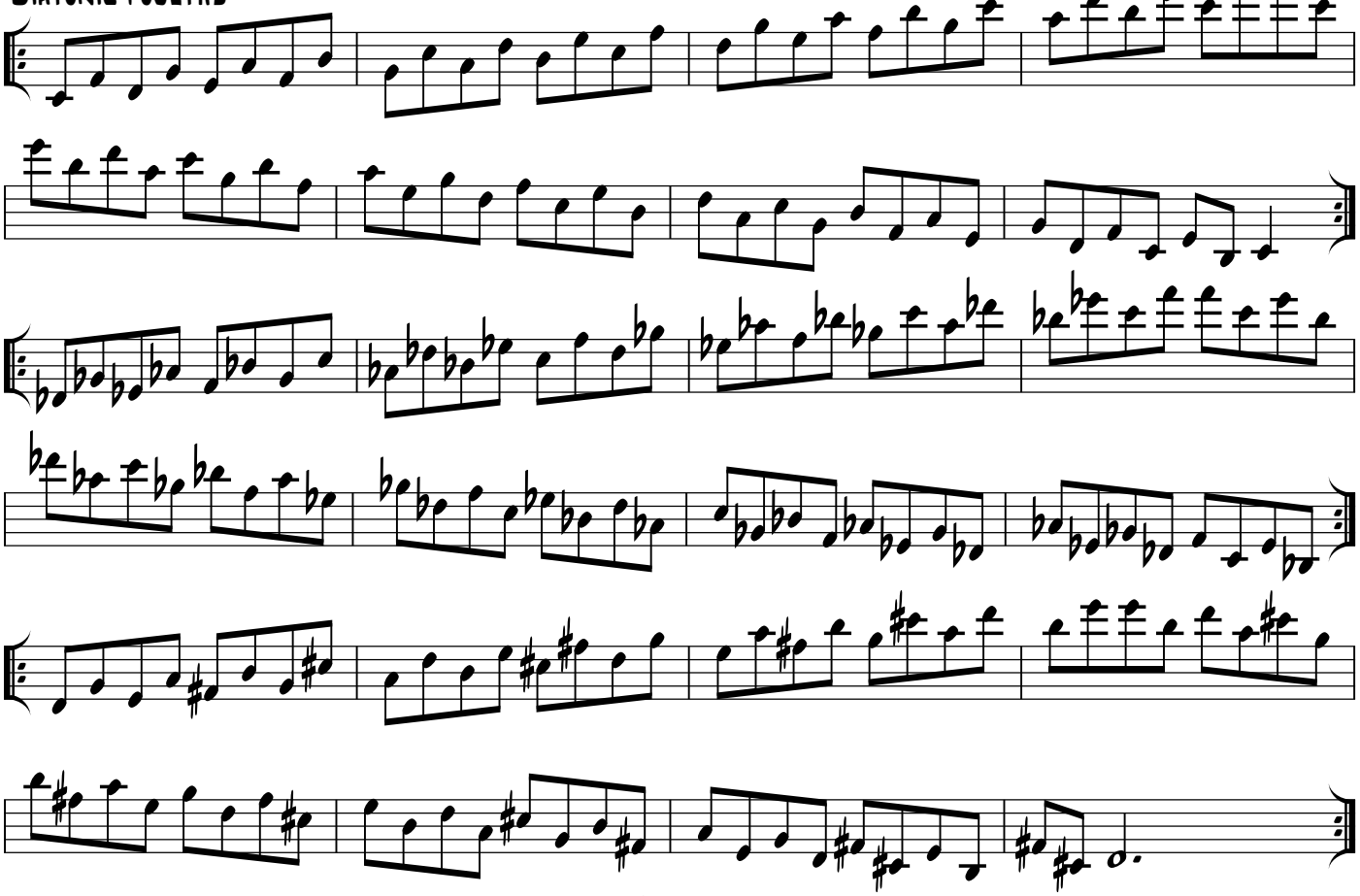


Diatonic Fourths



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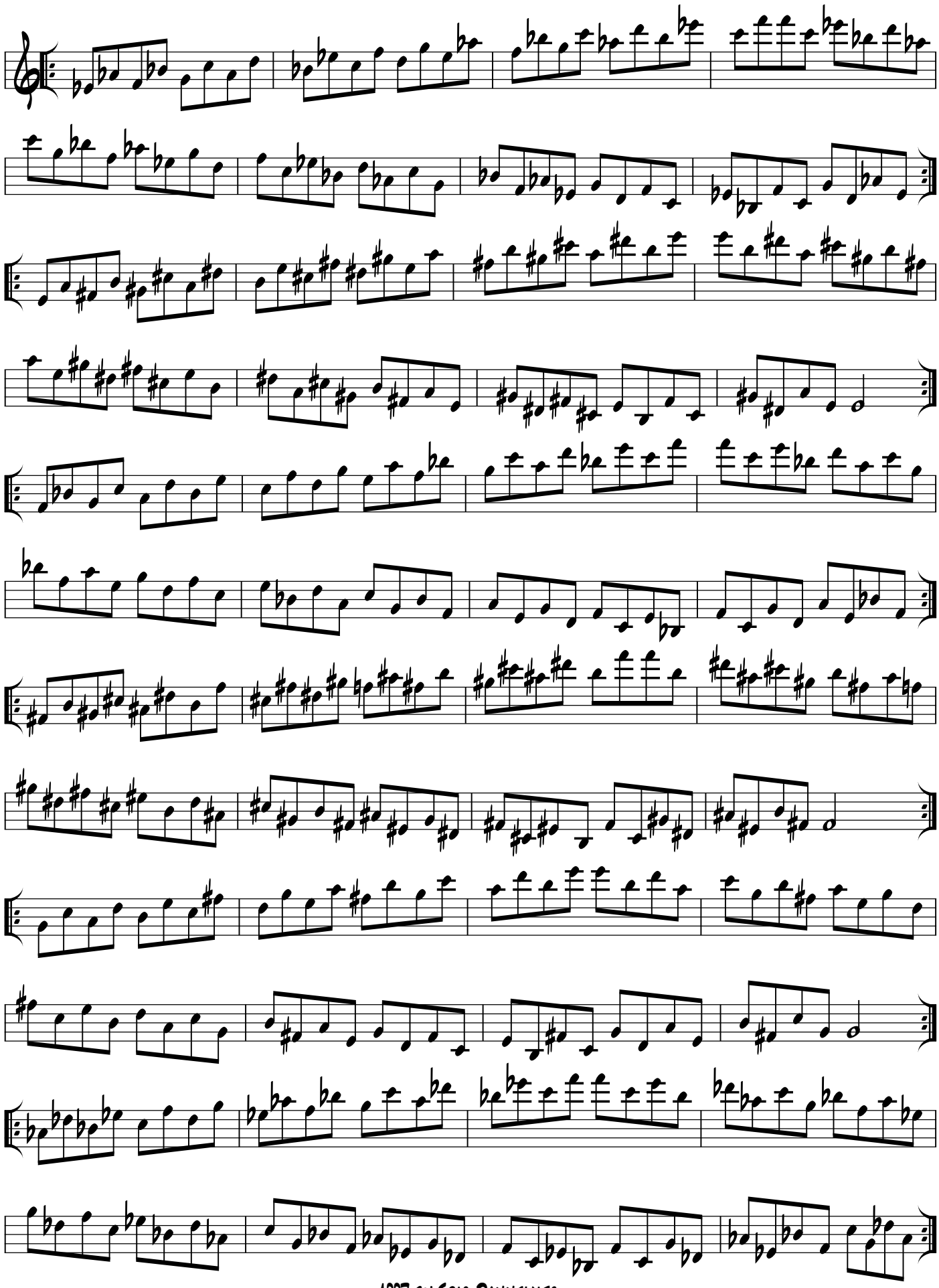

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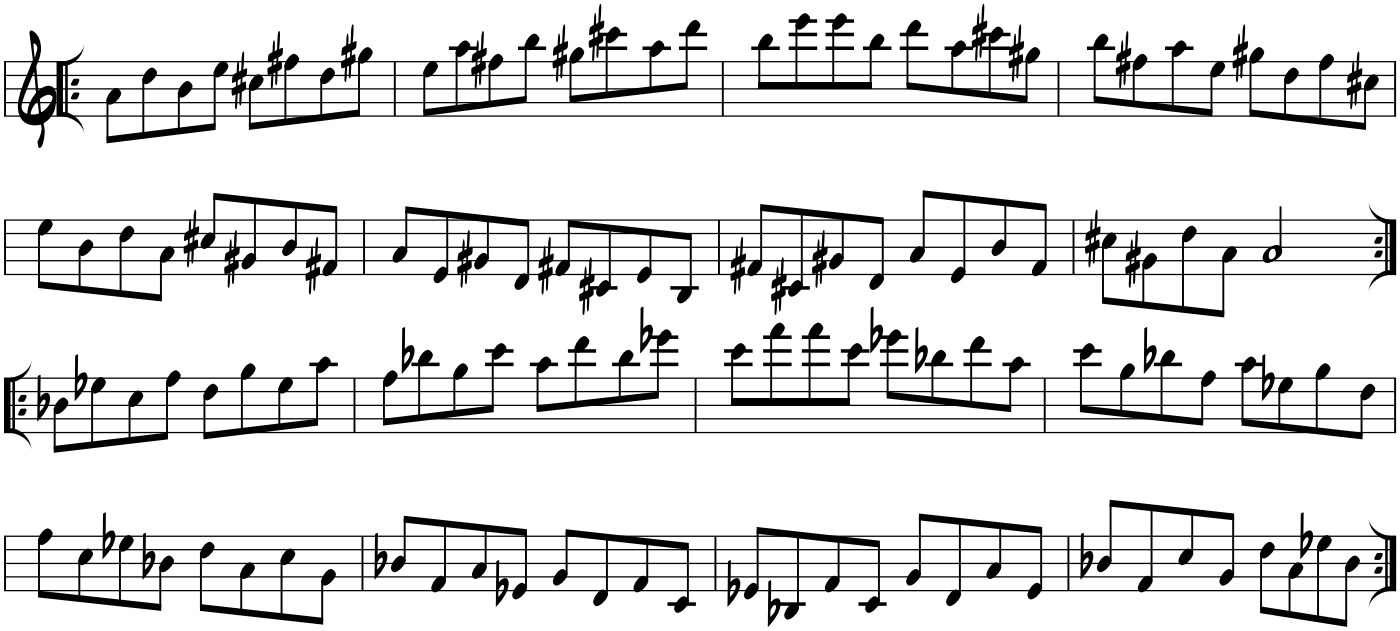
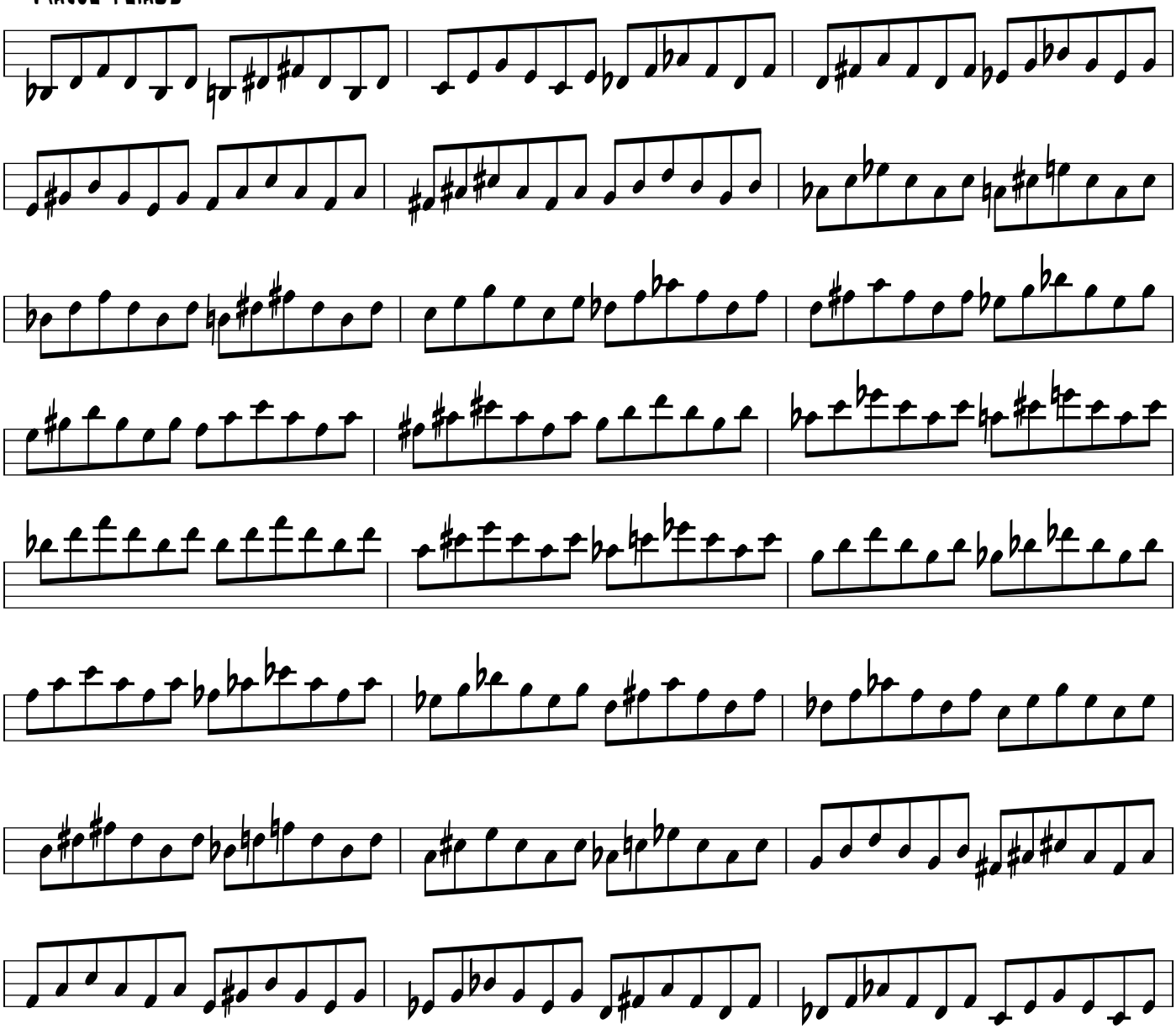


Major Triads



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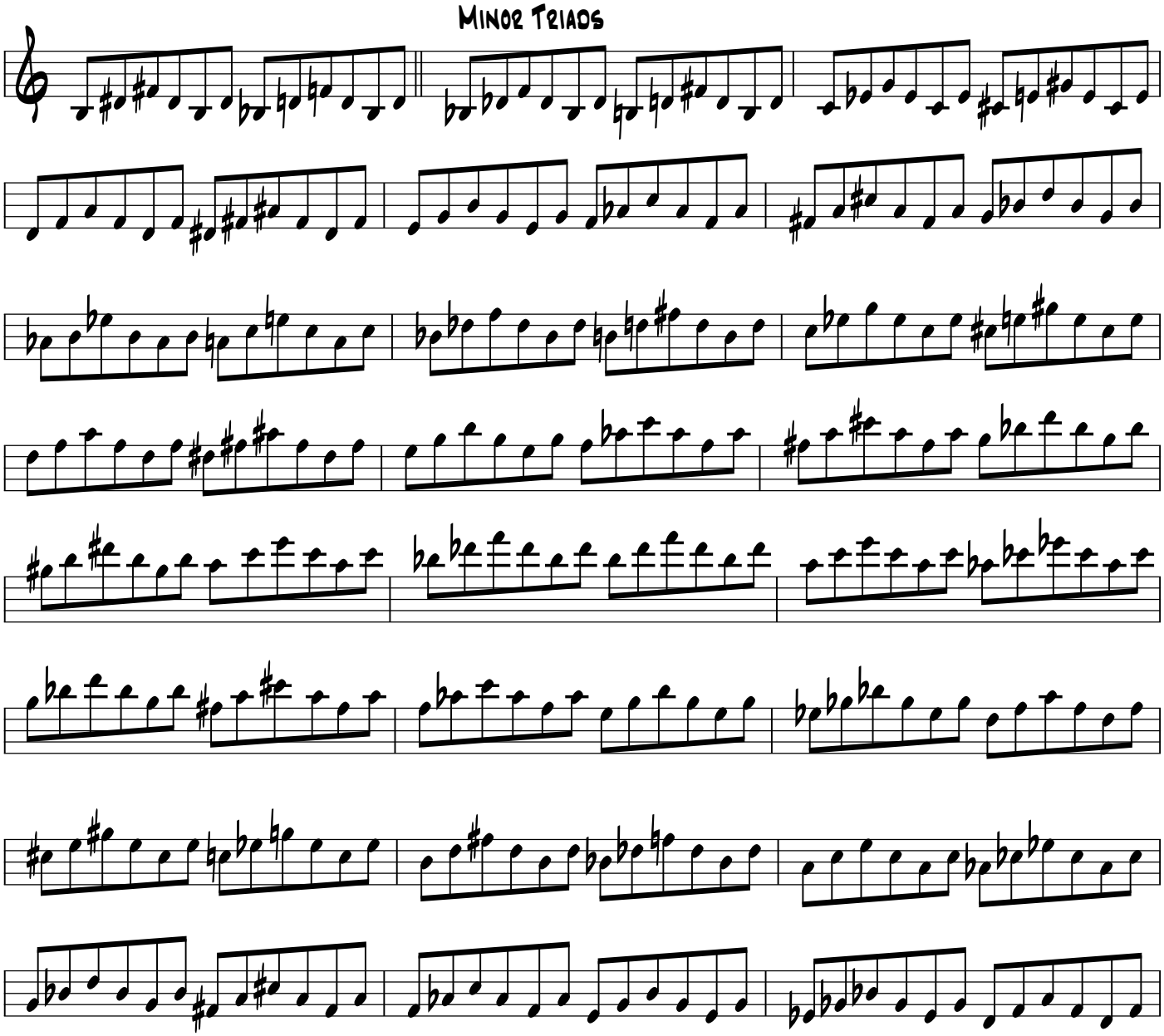
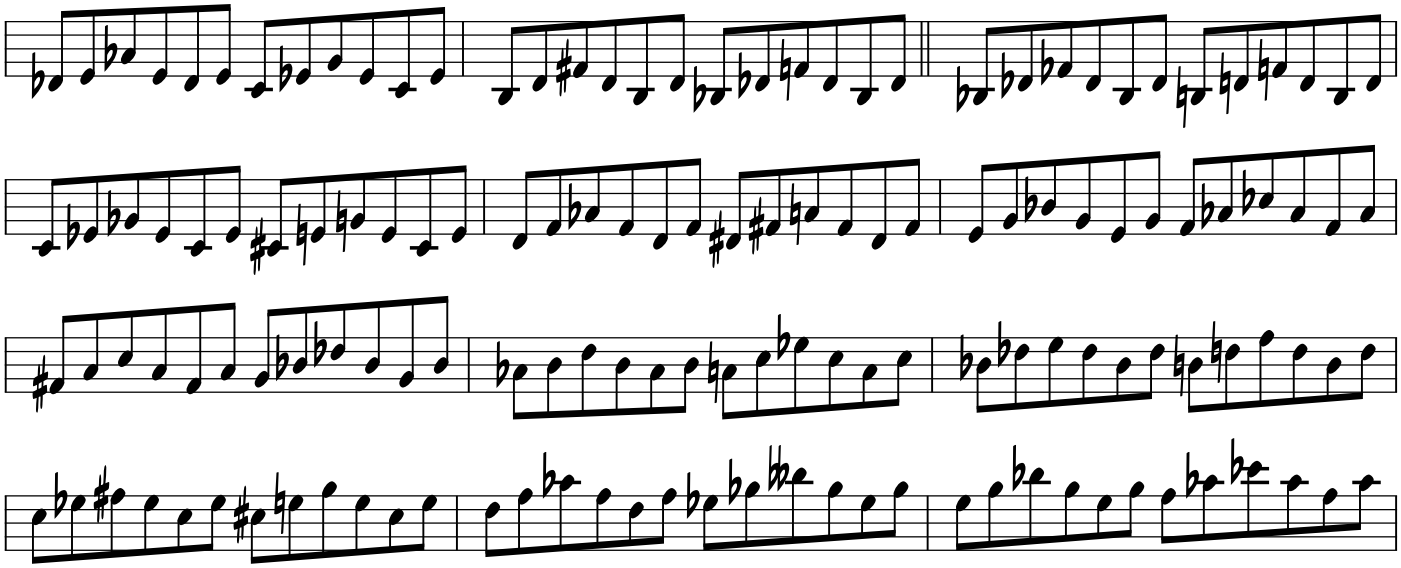
Minor Triads



Diminished Triads



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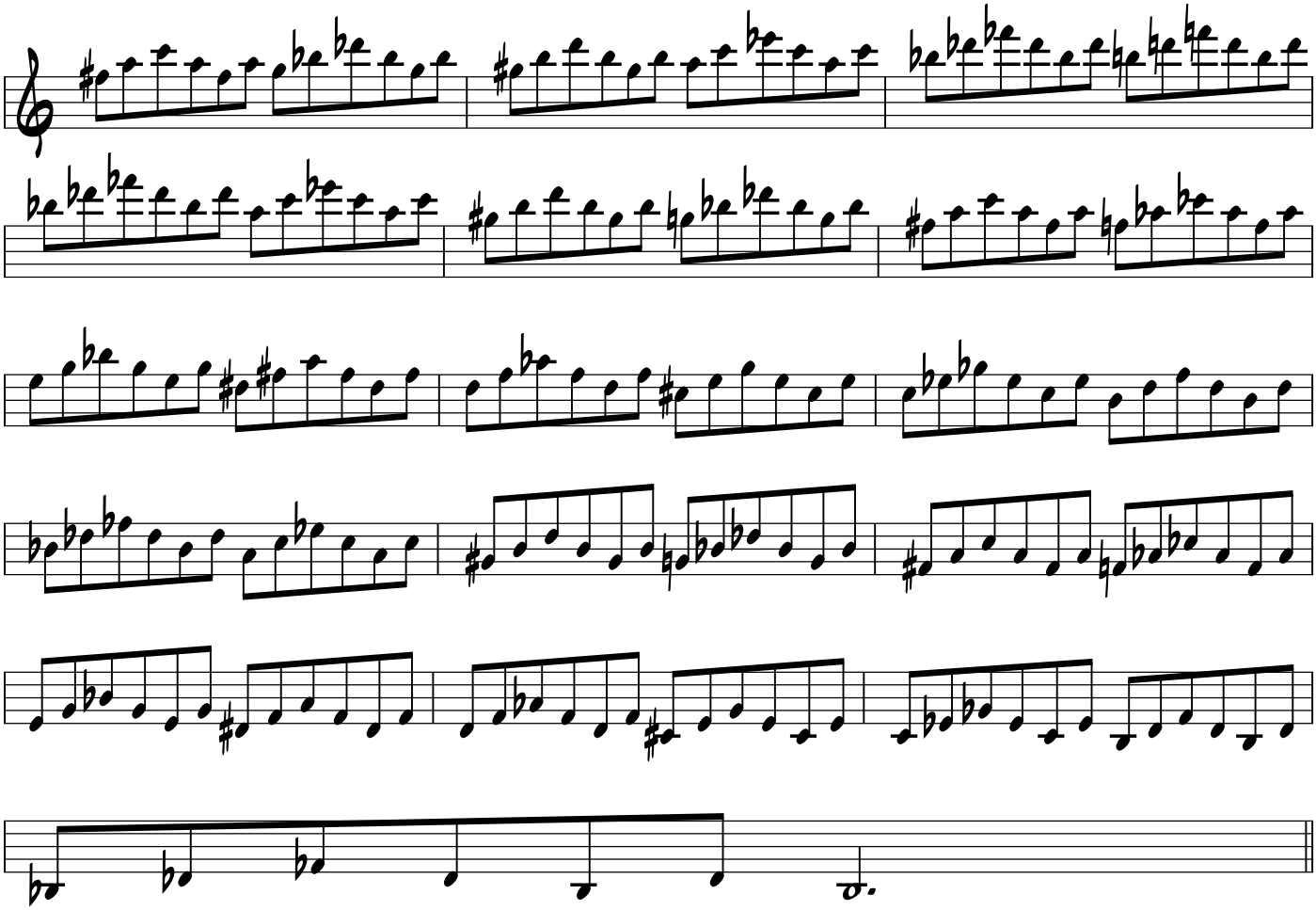

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